



## Volunteer/Internship Application

Position Applied for:  Paid Employment  Volunteer  Internship (course credit)

APPLICANT INFORMATION		
Last Name:	First Name:	Date:
Street Address:		Apartment/Unit #
City:	State:	Zip:
Phone:	E-mail Address:	Cougarnet ID:
Date Available to Start:		

EDUCATION	
High School:	Address:
From:	To:
College:	Address:
From:	To:
Did you graduate? Yes <input type="checkbox"/> Degree: _____	
No <input type="checkbox"/> Expected Graduation date: __/__/____,	
Academic standing (e.g., sophomore, junior) _____	
What is your current GPA?	
Other:	Address:
From:	To:

**HOURS OF AVAILABILITY: Please specify what times you are available to work/volunteer/intern.**

Applicable Months (i.e. Jan–May/June– Aug/Sept – Dec)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

**If you are a student, please complete the following information:**

*AREA OF STUDY/EXPERTISE (circle one)*

Nutrition      Exercise      Health      Psychology      Other \_\_\_\_\_

Are you interested in interning/volunteering for the semester after (i.e. Spring, Fall, Summer) too?    Yes     No

<b>SKILLS / CERTIFICATION</b>			
<i>Language Skills:</i>			
Do you speak Spanish fluently? Yes <input type="checkbox"/> No <input type="checkbox"/> If you answered "Yes," you will be required to take a translation test to demonstrate your ability.		Do you write Spanish? Yes <input type="checkbox"/> No <input type="checkbox"/> If you answered "Yes," you will be required to take a translation test to demonstrate your ability.	
<i>Computer Skills:</i> Please check yes or no to the following skills.			
Word Yes <input type="checkbox"/> No <input type="checkbox"/>	Track changes in Word Yes <input type="checkbox"/> No <input type="checkbox"/>	Excel Yes <input type="checkbox"/> No <input type="checkbox"/>	PowerPoint Yes <input type="checkbox"/> No <input type="checkbox"/>
How many words do you type per minute (WPM)?			
<i>Certifications:</i> Please list below any special certifications such as Fitness, CPR, Lifeguard, Athletic training, etc.			
<i>Other Skills/Interests:</i> (Please be specific.)			
Arts/Crafts:		Creativity:	
Theatre:		Sports/Exercise:	
Nutrition:		Media (video, digital camera, photography, etc.):	
Webpage Design:			

<b>PREVIOUS EXPERIENCE AND SELF-ASSESSMENT</b>
Do you have previous experience working with or teaching girls ages 9-14? If so, what and when?
Do you have previous experience working with or teaching younger children or families? Please explain.
What are some of your hobbies/interests/talents? Anything else you would like to share?
What are some of your weaknesses?

<b>REFERENCES:</b>	
<i>Please list three professional references.</i>	
Full Name	Relationship
Company	Phone (      )
Address	
Full Name	Relationship
Company	Phone (      )
Address	
Full Name	Relationship
Company	Phone (      )
Address	

<b>PERSON TO NOTIFY IN CASE OF EMERGENCY</b>	
Name	
Street Address	
City, State, Zip Code	
Phone Number	
<b>AGREEMENT AND SIGNATURE</b>	
<i>By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am accepted as a volunteer, intern, or employee, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal.</i>	
Name (printed)	
Signature	
Date	

Thank you for filling out this application, please email it to [bouncelite@yahoo.com](mailto:bouncelite@yahoo.com) and cc [nolvera@uh.edu](mailto:nolvera@uh.edu) or you may mail it to the address below.

University of Houston, BOUNCE Program, 318E Farish Hall  
 3657 Cullen Blvd., Rm# 491  
 Houston, Texas 77204-5019  
 Phone: (832) 842-5921 Fax: (713) 743-9412  
<http://bounce.uh.edu>